

# IOM AMERICA PODCAST

**IDENTITY MATTERS:  
#16 DISCIPLINE FOR THE PHYSICAL AREA OF LIFE**



**IOM**  
podcast



# Heartland Family Fellowship

*We welcome our on-line listeners!*



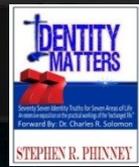


**- CHANGED LIFE**.org

Discipline For The Physical Area Of Life

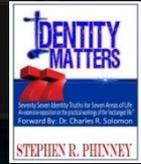


**Philippians 3:20-21**  
Scripture Reading  
(Please Stand)



# Exercise Our Potential

***The overall message of the Scriptures is that an indwelt believer should exercise the fullest potential of all that he is in Christ. To appropriate this, it takes a great deal of discipline – that of the disciplines of the Lord’s life within each believer. This discipline starts in our minds by appropriating the mind of Christ through the Spirit life, which lives and breathes in the Spiritual area of the trinity of man. Since our bodies are inundated with sin and our minds are damaged by this sin, it will take a completely different mind and discipline to eradicate it – that of Christ very Life within us.***



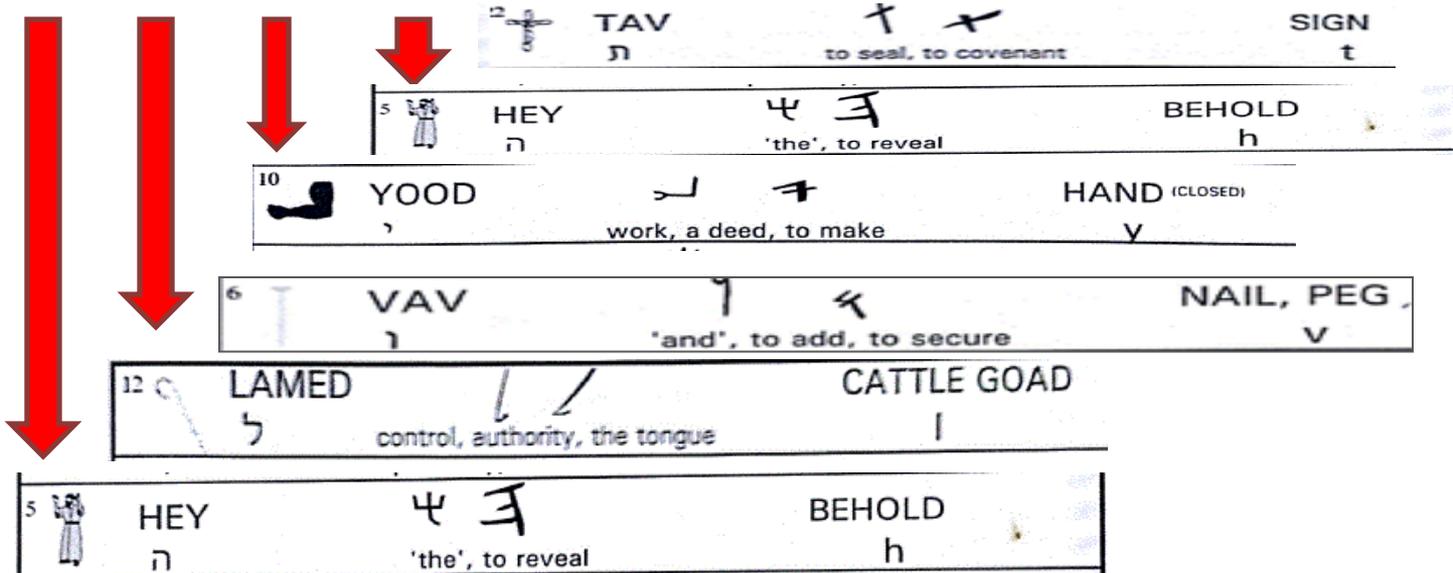
# Our Citizenship

*For our citizenship is in heaven, from which also we eagerly wait for a Savior, the Lord Jesus Christ; who will transform the body of our humble state into conformity with the body of His glory, by the exertion of the power that He has even to subject all things to Himself. (Philippians 3:20-21)*

# Glory

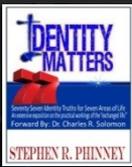
To seal the covenant and reveal the deeds of the secured authority of the One who reveals.

## תהילה



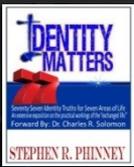
*Therefore if you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God. Set your mind on the things above, not on the things that are on earth. For you have died and your life is hidden with Christ in God.*

**(Colossians 3:1-3)**



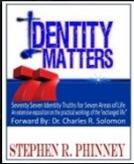
# Setting Our Affections

**Discipline:** Our first discipline is setting our affections on things above, accepting that our citizenship is presently in Heaven – not will be, but already is. We have been raised up and seated with Christ at the right hand of the Father. This is the discipline that must be appropriated before we can reckon ourselves dead and hidden with Christ IN God. How much more can we ask? Nothing compares to this truth. How can Satan get at something hidden in God? He can't and he knows it. Due to this reality he is faced with – he moves to form lies in our own minds to block the positional reality of our identity in Christ with conditional reality of the flesh, our mortal bodies.



# What To Know

- Most indwelt believers know that in a moment's time when we start to set our minds on our flesh, our bodies become the vehicle for the expression of our many sinful ways.
- **Therefore God gave them over in the lusts of their hearts to impurity, so that their bodies would be dishonored among them. (Romans 1:24)**
- There is a reality that God gives an unsaved person over to the deeds of their flesh in order that their bodies would be dishonored by all. It is through this downward spiral that God brings them to the doorway of salvation. As for indwelt Christians, He uses the deeds of the flesh to remind us that our identity is not IN the flesh but rather in the Spirit.
- **Therefore I run in such a way, as not without aim; I box in such a way, as not beating the air; but I discipline my body and make it my slave, so that, after I have preached to others, I myself will not be disqualified. (1 Corinthians 9:26-27)**
- Do you know anyone who enjoys and works to make their body a slave? I know few but the truth being applied here is that our bodies are required to be slaves to Christ our Husband.



# Applied Discipline

- This exercise and discipline must be applied or else our bodies will become an idol before the Lord. Once this discipline is applied, we can use our bodies as instruments for revealing the Life of the Son of God who lives and breathes within us.
- *But we have this treasure in earthen vessels, so that the surpassing greatness of the power will be of God and not from ourselves; we are afflicted in every way, but not crushed; perplexed, but not despairing; persecuted, but not forsaken; struck down, but not destroyed; always carrying about in the body the dying of Jesus, so that the life of Jesus also may be manifested in our body.* (2 Corinthians 4:7-10)
- Evidence of true and honorable identification with Christ in the area of physical care is not in trying to look like Him by wearing externals. Obviously this misses the mark entirely. Jesus never stood out in a crowd as “holier than thou” but was Himself as His Father made Him.
- **The point here is that spiritual identification with Jesus in us will always show itself in appearance and discipline that is appropriate to the situation and culture one is in. That is not a good description of the Bride of Christ (Church) today!**

# IDENTITY DOES MATTER

***Making your identity in Christ the root of all that you think, do or say – is the fruit of the Spirit in its most practical application.***

***It is critical that the indwelt believer establishes right disciplines of physical care and appearance in their daily living.***

***Maintain fellowship with the indwelt believers who believe in this manner. Stray from teachings and teachers who put an emphasis on external Christianity, which leads to further ungodliness. Choose to allow the Lord to be disciplined in and through you by way of setting your affections on things above.***

**Thank You For Joining Us!**

